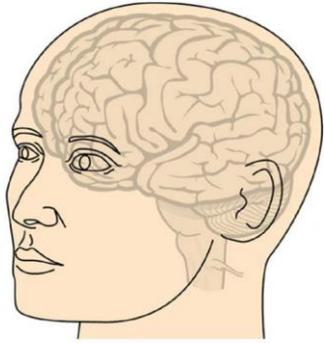


Camden's plan for people with autism 2016-2021

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What is autism?



- Autism occurs early in a person's development
- It is a neurodevelopmental disorder (affecting development of the brain)
- **Not** a mental illness or learning disability
- A spectrum condition (Autistic Spectrum Disorders)
- The development of the brain and nervous system in people with autism is different from other people and this affects:
 - Communication
 - Relationships
 - Thinking
 - The senses

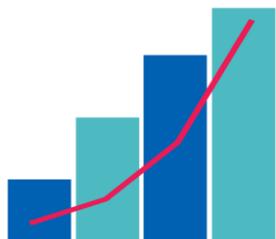


Autism prevalence and need



- 1.1% of UK population are estimated to have autism or approximately 600,000 people
- In Camden, this means 432 children and young people and 2118 adults
- No national autism register
- Higher prevalence in men (X4)
- ¼ people with autism are unable to talk
- 85% are not in full time employment
- 50% people with autism have a learning disability.
- 70% meet the criteria for at least one other mental health or behavioural disorder





Increasing demand

In the last 30 years, we have seen a 25-fold increase in the diagnosis of autism. We don't know whether this is because of

- Better understanding of autism
- Bigger list of criteria for autism diagnosis or
- Real increase in number of people with autism
- population projections suggest number of adults with autism will increase to over 2000 by 2020.
- Still, diagnosis remains lower than population estimates (only 2/3 children and 1/10 adults with autism have a diagnosis)
- Autism costs the economy at least £32 billion per year in treatment, lost earnings, care and support for children and adults with autism



Autism in Camden



45

- Over the last two year period, 45 young children have been diagnosed with autism. This is about 65% of those referred for assessment.



339

- As per national trend, number of diagnoses is increasing year on year.
- There are currently 339 school aged children and young people in Camden schools with autism
- We know there are 407 adults with autism registered with a Camden GP (336 men, 71 women)



407

Profile of children with autism diagnosis in Camden

Ethnicity

- Most children with a diagnosis of autism (60%) are from BMI backgrounds.
- Higher number of children from Black ethnic background are diagnosed with autism than would be expected

Gender

- More boys than girls

Deprivation

- Children with a diagnosis of autism in 2015 more likely to live in the most deprived areas (34% in Q1), compared to the least deprived (14% in Q5)

Profile of adults with autism diagnosis in Camden

- Most adults with a diagnosis of autism (60%) are White
- But... Black groups are over represented in adults diagnosed with autism
- Almost half live in the most deprived areas in the borough
- More than a **third** have a '**severe**' learning difficulty.
- The **majority** (66%) are **unemployed** and about 50% (70 adults) are on disability benefits.
- About **40%** live in mainstream housing such as **flats share** with family and friends.
- About a **third** of adults live in **hospitals and nursing homes**.



National strategy and context

- **Autism Act 2009**
- **Fulfilling and Rewarding Lives** national autism strategy (2010)
- **Think Autism** (2014)
- **The Care Act 2014**
- **NICE** Quality Standard 51 and Clinical Guidance CG128 and CG170



Camden's plan for people with autism 2016-2021



Vision

“All adults with autism are able to live fulfilling and rewarding lives within a society that accepts and understands them. They can get a diagnosis and access support if they need it, and they can depend on mainstream public services to treat them fairly as individuals, helping them make the most of their talents.” - Fulfilling and Rewarding Lives (2010)



Think Autism: 3 priorities



We want to make Camden a place where people with autism

- can be an equal part of their local community
- can have the right support at the right time throughout their life
- can develop their skills and independence and work to the best of their ability



Development of the strategy and engagement with service users

- Autism self-assessment framework
- Needs analysis

Input from Camden's service users:

- Engagement workshop with 50+ stakeholders, including parents and carers, and adults with autism.
- Camden Autism Parent's Forum (children and young people)
- Asperger's' Local Area Group (adults)
- ASD Development Group
- Planning Together Forum for learning disabilities

Feedback from engagement

Training

- For professionals
- Parents, sibling
- Challenging behaviour

Obesity/ diet

Services adapted for children with complex needs

Housing

- special allocation for families with learning disability
- adapted housing
- access to ground floor provisions

Education provision

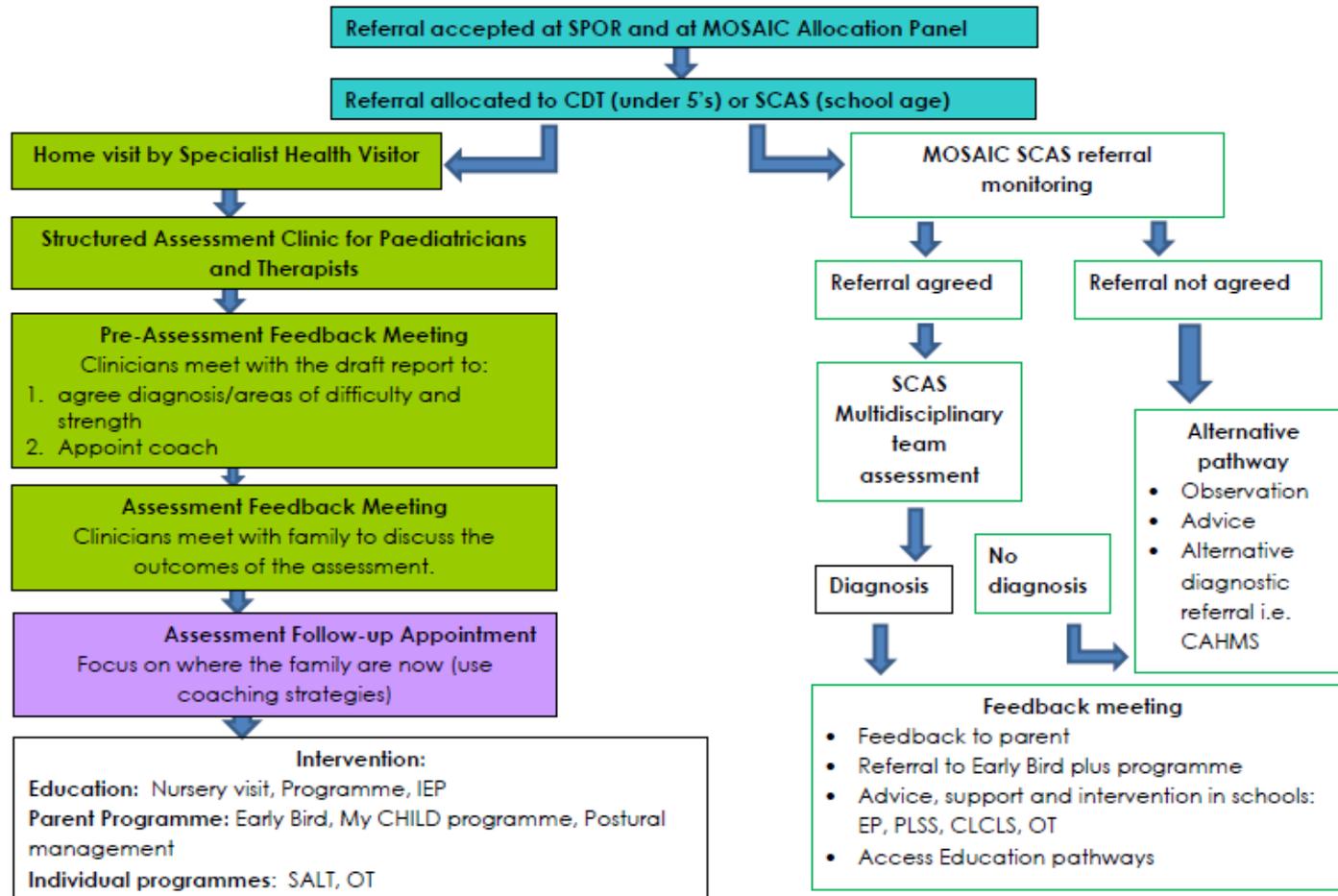
- Primary/secondary
- more training for provisions 16-25 under EHC

Community

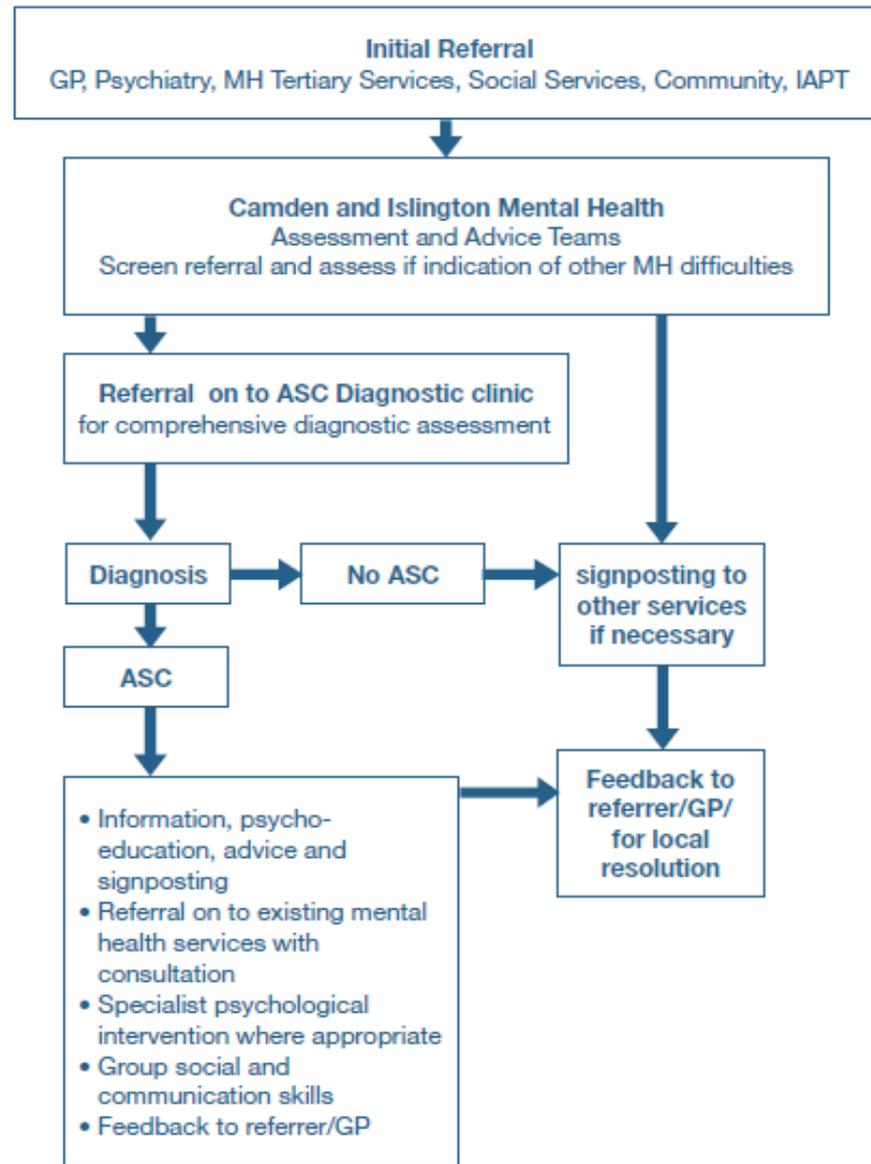
- Awareness raising in:
 - Schools
 - Transport
 - Awareness in local business specially hair salons, supermarkets and grosser y shops
 - Police, criminal justice system
 - Autism friendly community spaces (i.e.parks)

Care pathway (children)

Autism Assessment Pathways C&YP



Care pathway (adults)



Autism action plan: key priorities

- Improving diagnostic services
 - waiting times
 - Post-diagnosis support for adults
- Expanding education provision
 - Resource bases in primary and secondary schools
 - Reduce expensive out of borough residential placements
- Training for health and care professionals, parents, carers, people with autism
- Awareness raising
- Preparing for adulthood
- Reducing inpatient care (Transforming Care)
- Employment
- Housing
- Community inclusion

Governance

- **Camden Autism Partnership Board**
 - Oversee the development of the Autism Action Plan and take forward priorities
 - Provide challenge
 - Chaired by Director of Adult Social Care in Camden
 - Co-chaired by adult with autism (advert seeking expression of interest going out soon)
 - Representation from adults with autism, young person, a parent, a carer, a representative from Autism Parent Forum.
 - Other: senior representatives NAS Camden, Police, local employers, Health Watch Camden, Education
- **Autism Development Group (Children)** – operational role. Reports into CAPB. Includes parent representation

Thanks for listening

any questions please contact

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