Camden Local Care
Children and young people initiatives
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- CAMHS transformation
- Managing long term conditions in children and young people (atopy nursing service)
- Paediatric specialism in primary care
CAMHS transformation

What is the initiative?
Transformation Plan in response to the ‘Future in Mind’ report from the national review of Child and Adolescent Mental Health Services. There are three key areas of improvement:
1) early intervention, prevention and resilience for young people with mental health problems
2) improving access to mental health support
3) looking at support for people who are vulnerable.

Why are we doing it?
Based on an assessment looking at the mental health needs of Children and Young People in Camden it was concluded that:
• it was not always simple for parents and young people to know where to go when they needed to get help
• we could be doing more to reduce mental health stigma in schools and the community
• we could be taking more advantage of support schemes in the community like peer support
• when needed, assessment and access to mental health services was often complicated and took longer than needed
• for those with very severe needs, where a stay in a mental health unit was needed, we had a shortage of appropriate beds nearby.
CAMHS transformation

What is the benefit to local people?
- More children and families are resilient.
- More children and young people (C&YP) will access help, support and treatment.
- Fewer C&YP requiring inpatient treatment will be placed out of London.
- More C&YP with mental health problems will recover.
- More C&YP will have a positive experience of care and support.
- More young people with learning disability and complex needs will be accommodated and cared for locally.
- Vulnerable groups of C&YP will continue to access specialist help

When are we doing it?
In July 2017 Camden launched a perinatal mental health peer support service to help Mums who may be having low level mental health problems during or soon after the birth of a new child. The service provides coping strategies and support from those who have had similar experiences.

At the end of 2017, a peer support service for young people with mental health needs is also being launched. Where those who have had similar experiences will provide support to those who are having mental health concerns. The service will also include young commissioners, where young people will work with those designing healthcare services to build services that are relatable and appropriate for young people.
Managing Long Term Conditions in Children and Young People (Atopy Nursing Service)

What is the initiative?
The initiative provides access to a nurse specialist for children and young people (under 19 years) with asthma and eczema. The nurse will provide specialist reviews through clinics based in hub practices across Camden as well as training for school nursing, children's centres, primary care clinicians and Emergency Departments.

Why are we doing it?
The majority of asthma emergency admissions are thought to be preventable through improved management. All eczema emergency admissions should be avoidable through improved management.

What is the benefit to local people?
The service will help children better manage asthma and eczema. This will reduce admissions, readmissions and outpatient appointments for children with asthmas and eczema, and improve health and quality of life.

When are we doing it?
The atopy nursing service is funded for 1 year, with service commencing in July 2017; year 2 funding will be decided in light of results.
Paediatric specialism in primary care

What is the initiative?
This is about linking GPs with paediatric hospital doctors for specialist advice for children aged under 18. The service will involve paediatric clinics in GP surgeries, where hospital paediatricians will work closely with GPs to deliver care and improve follow-up. The service will be hosted by surgeries in 4-6 areas within the borough, with all Camden surgeries being able to refer into the service.

All Camden GPs will also be able to attend a multi-disciplinary team meeting, where they can get advice from a paediatrician and other children's healthcare professionals on the best available options for care and treatment.

Why are we doing it?
Data shows that some children who are currently referred to hospital could be seen in their GP surgery with advice from a paediatrician. Patient experience data has shown that patients preferred being seen in a GP environment and the service improved their confidence in going to their GP for advice about their child.

What is the benefit to local people?
Better access to specialist advice within primary care. Better co-ordination of care for patients.

When are we doing it?
The service is due to start in September 2017, following a pilot phase during 2016/17.